



Year 8 Rounders Learning Journey



Equipment needed

- Rounders Bats
- Rounders Balls
- Rounders post and bases

Reminders

- We will be outside, and it may be sunny – bring suncream and a cap.
- You will need supportive trainers.

<u>Lesson</u>	<u>Topic</u>
<u>Lesson 1</u>	Receiving skills Learn the Long Barrier
<u>Lesson 2</u>	Throwing skills Throwing and catching whilst on the move
<u>Lesson 3</u>	Bowling Look at pace and accuracy
<u>Lesson 4</u>	Batting Look at batting direction and accuracy
<u>Lesson 5</u>	Tactical decisions Look at tactics in more detail
<u>Lesson 6</u>	Rounders Game Full rounders game to apply skills learnt.

Keywords

Receiving

Long Barrier

Accuracy

Tactics