



# Year 8 Cricket Learning Journey



## Equipment needed

- Wickets
- Cricket balls
- Cricket Bats

## Reminders

- We will be outside, and it may be sunny – bring suncream and a cap.
- You will need supportive trainers.

<u>Lesson</u>	<u>Topic</u>
<u>Lesson 1</u>	<b>Batting</b>  Hitting to specific areas.
<u>Lesson 2</u>	<b>Batting</b>  Hitting with power.
<u>Lesson 3</u>	<b>Bowling</b>  Bowling to a target area.
<u>Lesson 4</u>	<b>Fielding</b>  Retrieving, catching and stopping the ball.
<u>Lesson 5</u>	<b>Fielding</b>  Throwing under pressure.
<u>Lesson 6</u>	<b>Cricket Game</b>  Applying skills learnt so far to a game.

## Keywords

Specific

Retrieving

Under pressure