



## Year 10 Health and Social Care

### Component 1 – Human Lifespan Development

### Spring Term 1

#### How does this unit link to prior learning?

Any use of the NHS which you have had. E.g doctors/hospital appointments.

Any experience which parents have had using NHS/private healthcare for illness, treatment, medical advice.

#### What will you be learning about?

During this scheme of work learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals' physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events.

In this component, you will study how people grow and develop over the course of their life, from infancy to adulthood, this includes PIES development and the different factors that may affect this. An individual's development can be affected by major life events, such as marriage, parenthood or moving to a new house and you will learn about how people adapt to these changes, as well as the types and sources of support that can help them.

#### Key Focus

Over the coming weeks you will learn about different life events which can impact an individual and different aspects of support which can be offered to help an individual with their affected life event. For this task, you must choose two people who are willing to be interviewed about their life and events that have affected them. Your work will focus on how your two selected individuals were affected by the same life event.

#### Students will develop their learning by studying the following sequence of lessons:

##### Week 1 Key learning:

###### Life events

- Describing a range of life events which may have an impact on an individual in either a positive or negative way.
- Describing whether specific life events are expected or unexpected.

###### Physical Events

- Analyse the types of physical life events which may take place in an individual's life providing suitable examples. Using case studies and 'real life' examples to support with learning.

##### Week 2 Key learning:

###### Practice PSA – Task 3a

- Learners will demonstrate their knowledge and understanding of the impact of life events on PIES growth and development.

##### Week 3 Key Learning:

###### Feedback following practice PSA

##### Week 4 Key learning:

###### Coping/adapting to change.

- To understand how people can adjust to new conditions or circumstances through resilience, self-esteem, emotional intelligence, and disposition.

###### Sources of support

- Types of Informal Support
  - Understand what's meant by the term support and to explain the benefits of each type of informal support which could be offered to individuals.
- Professional Sources of support – Formal Support
  - Understand what's meant by the term formal support and explain the benefits of each type of professional support available to individuals.

##### Week 5 Key learning:

###### Practice PSA – Task 3b

- Learners will demonstrate their knowledge and understanding of how individuals adapt to life events.

##### Week 6 Key learning:

###### Practice PSA – Task 3b

- Learners will demonstrate their knowledge and understanding of how individuals adapt to life events.

###### Feedback following practice PSA

#### How will this unit help you in the future?

##### Year 10 and 11

A clear understanding of the different life stages which individuals experience and develop throughout their lifetime. Also how specific factors that can affect an individual's growth and development.

All of the other components build upon this Learning Aim. Its especially links to Component 3 (externally assessed unit) and this is synoptic and links to all of the other content that has been learnt throughout the 2 year course.

##### Beyond Lode Heath

You will gain an understanding of how individuals grow and develop throughout their life time and the impact that these can have.

It will also help you if you end up working in some career or job linked to Health and Social Care as you will have an understanding of how individuals within different life stages are impacted.

#### Key Vocabulary

Health and Wellbeing, Relationship Changes, Life Circumstances, Character Trait, Adapt, Professional

#### How can you help?

You can help your child by ensuring that their homework is completed on time. Supporting them with their written work and encouraging them to research and read up on topics being studied within lessons. Also encouraging your child to attend coursework catch up sessions which take place throughout the half-term to allow them to achieve or surpass their target grade.

#### Homework Guidance

Students will receive a minimum of 1-2 piece of homework per week (30 minutes minimum). These will be a combination of knowledge retrieval, literacy and creative activities. **Failure to complete homework will result in a 25 minute whole school detention.**