



How does this unit link to prior learning?

Component 1 links to prior learning by building on basic knowledge from science, CPD, and earlier studies, such as understanding body systems, puberty, emotions, and relationships, and then developing this into a deeper understanding of how people grow and change physically, intellectually, emotionally, and socially across different life stages; it also strengthens academic skills by moving from simple descriptions to explaining and analysing how factors like genetics, environment, and life events influence development, making it a key foundation for further study in health and social care.

What will you be learning about?

Over the coming weeks you will study the areas of growth and development that contribute to the whole person, including physical intellectual, emotional and social. You will reflect on physical, intellectual, emotional and social factors that are part of everyone's life's.

How does this link to the wider curriculum?

Component 1 – Human Lifespan Development is about understanding how people develop and what affects their growth.

Individual Liberty: Each person develops differently and should be able to express their identity, beliefs and choices. **Example:** A teenager choosing their career path, or an adult choosing lifestyle habits.

Tolerance of Different Faiths and Beliefs: People's development is shaped by culture, religion, and family background. **Example:** Supporting dietary needs, religious practices, or cultural traditions in care settings.

We will develop our learning each week by focusing on:

1 Key learning : <u>Environmental Factors</u> To describe the environmental factors which can impact an individual's development.	RAG	7 Key learning : <u>Life events</u> Closing the gap - Describing a range of life events which may have an impact on an individual in either a positive or negative way. - Describing whether specific life events are expected or unexpected.	RAG
2 Key learning : <u>Re-Teach A2 content.</u> Practice PSA – Task 2 Learners will demonstrate their knowledge and understanding of the impact of different factors on PIES growth and development through the life stages.		8 Key learning : <u>Physical Events</u> - Analyse the types of physical live events which may take place in an individual's life providing suitable examples. - Using case studies and 'real life' examples to support with learning.	
3 Key learning : <u>Practice PSA – Task 2</u> Learners will demonstrate their knowledge and understanding of the impact of different factors on PIES growth and development through the life stages.		9 Key learning : <u>Practice PSA – Task 3a</u> Learners will demonstrate their knowledge and understanding of the impact of life events on PIES growth and development.	
4 Key learning : <u>Life events: Accident/Injury</u> Feedback following practice PSA To describe different life events and explain the impact of each event on an individual's health and well-being.		10 Key learning : <u>Practice PSA – Task 3a</u> Learners will demonstrate their knowledge and understanding of the impact of life events on PIES growth and development.	
5 Key learning : <u>Mental/emotional health</u> The impact of mental and emotional ill health on development.		11 Key learning : <u>Coping/adapting to change.</u> To understand how people can adjust to new conditions or circumstances through resilience, self-esteem, emotional intelligence, and disposition.	
6 Key learning : <u>Relationship changes/Life Circumstances</u> - To understand the types of relationship changes for individuals and the impact on development. - To be able to describe the term life circumstances and how individuals are able to deal with and adapt to change.		12 Key learning : <u>Sources of support</u> Types of Informal Support Understand what's meant by the term support and to explain the benefits of each type of informal support which could be offered to individuals. Professional Sources of support – Formal Support Understand what's meant by the term formal support and explain the benefits of each type of professional support available to individuals.	

Key vocabulary

Infancy	Childhood	Adolescence	Adulthood	Later Adulthood	Menopause	Factors	Life events	Lifespan	Physical
Emotional	Intellectual	Social	Language	Self-esteem	Relationships	Lifestyle	Circumstances	Support	Accident and Injury

How will this help you in the future?

KS4

Component 1 helps by supporting both academic learning and personal development. It strengthens your understanding of how people grow and change, which links to subjects like science and CPD, while also developing important skills such as explanation, analysis, and applying knowledge to real-life situations. It also prepares you for future study and careers in health and social care by helping you understand how to support individuals at different life stages foundation for further education and practical, real-world understanding.

Beyond LHS

Component 1 supports learning after Key Stage 4 by providing a strong foundation for further education and careers in health and social care or related fields such as nursing, social work, and psychology. It develops advanced skills like analysing development, understanding life stages, and applying knowledge to real-life situations, which are essential for college-level courses (such as BTEC Level 3 or A-levels).

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