



## Year 10 Health and Social Care

### Component 1 – Human Lifespan Development

#### Autumn Term 1

#### How does this unit link to prior learning?

Any use of the NHS which you have had. E.g doctors/hospital appointments.

Any experience which parents have had using NHS/private healthcare for illness, treatment, medical advise.

#### What will you be learning about?

During this scheme of work learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals' physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events.

In this component, you will study how people grow and develop over the course of their life, from infancy to adulthood, this includes PIES development and the different factors that may affect this. An individual's development can be affected by major life events, such as marriage, parenthood or moving to a new house and you will learn about how people adapt to these changes, as well as the types and sources of support that can help them.

#### Key Focus

Within this unit there is a focus on understanding the different life stages and the development which takes place within each one which provides students with key knowledge and how this can be applied to specific scenarios and case studies. There are also specific factors which impact development and growth of individuals which would also need to be understood.

#### Students will develop their learning by studying the following sequence of lessons:

##### Week 1 Key learning:

###### Course and unit introduction

- Know the main topics in the unit
- Outline key features of PIES development across the life stages.

##### Week 2 Key Learning:

###### Infancy 0-2

- Describe the main features of PIES development in infancy
- Explain expected PIES milestones

###### Early Childhood 3-8

- Describe the main features of PIES development in childhood
- Discuss ways to support intellectual and social development of children

##### Week 3 Key Learning:

###### Adolescence 9-18

- Describe the main features of PIES development in adolescence
- Discuss importance of emotional support

##### Week 4 Key Learning:

- Re- teaching after book mark

###### Early Adulthood 19-45

- Describe the main features of PIES development in early adulthood
- Discuss differences in experience and development.

###### Middle Adulthood 46-65

Describe the main features of PIES development in adulthood  
Discuss differences in experience and development

##### Week 5 Key learning:

###### Later adulthood 65+

- Describe the main features of PIES development in later adulthood
- Discuss the impact of changing roles

Re- teaching after book mark

##### Week 7 Key learning:

- Practise (PSA) Assessment – Task 1

##### Week 8 Key learning:

- Practise (PSA) Assessment – Task 1
- Feedback following practise PSA

#### How will this unit help you in the future?

##### Year 10 and 11

A clear understanding of the different life stages which individuals experience and develop throughout their lifetime. Also how specific factors that can affect an individuals growth and development.

All of the other components build upon this Learning Aim. Its especially links to Component 3 (externally assessed unit) and this is synoptic and links to all of the other content that has been learnt throughout the 2 year course.

##### Beyond Lode Heath

You will gain an understanding of how individuals grow and develop throughout their life time and the impact that these can have.

It will also help you if you end up working in some career or job linked to Health and Social Care as you will have an understanding of how individuals within different life stages are impacted.

#### Key Vocabulary

Characteristic, Life Stage, Classification, Development, Lifestyle, Menopause, Self Esteem,

#### How can you help?

You can help your child by ensuring that their homework is completed on time. Supporting them with their written work and encouraging them to research and read up on topics being studied within lessons. Also encouraging your child to attend coursework catch up sessions which take place throughout the half-term to allow them to achieve or surpass their target grade.

#### Homework Guidance

Students will receive a minimum of 1-2 piece of homework per week (30 minutes minimum). These will be a combination of knowledge retrieval, literacy and creative activities. **Failure to complete homework will result in a 25 minute whole school detention.**