



Year 10 Health and Social Care

Component 1 – Human Lifespan Development

Autumn Term 2

How does this unit link to prior learning?

Any use of the NHS which you have had. E.g doctors/hospital appointments.

Any experience which parents have had using NHS/private healthcare for illness, treatment, medical advice.

What will you be learning about?

During this scheme of work learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals' physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events.

In this component, you will study how people grow and develop over the course of their life, from infancy to adulthood, this includes PIES development and the different factors that may affect this. An individual's development can be affected by major life events, such as marriage, parenthood or moving to a new house and you will learn about how people adapt to these changes, as well as the types and sources of support that can help them.

Key Focus

Over the coming weeks you will study the factors that influence the way which individuals develop. These factors may relate to a person's physical/personal make-up, social and cultural experiences and economic situation. You will relate these to specific age groups.

Students will develop their learning by studying the following sequence of lessons:

Week 1 Key learning:

Physical Factors and Lifestyle

- Describe the physical factors and individual's lifestyle which can impact an individual's development linked to a specific life stage.

Week 2 Key learning:

Emotional, psychological factors and cultural Factors

- Describe the emotional, psychological, and cultural factors which can impact an individual's development linked to a specific life stage.

Week 3 Key Learning:

Environmental Factors

- To describe the environmental factors which can impact an individual's development.

Week 4 Key learning:

Practice PSA – Task 2

- Learners will demonstrate their knowledge and understanding of the impact of different factors on PIES growth and development through the life stages.

Week 5 Key learning:

Practice PSA – Task 2

- Learners will demonstrate their knowledge and understanding of the impact of different factors on PIES growth and development through the life stages.

Week 6 Key learning:

Life events: Accident/Injury

- To describe different life events and explain the impact of each event on an individual's health and well-being.

Week 7 Key learning:

Mental/emotional health

- The impact of mental and emotional ill health on development.

Week 8 key learning:

Life event: Relationship change

- To understand the types of relationship changes for individuals and the impact on development.

Life event: Life circumstances

- To be able to describe the term life circumstances and how individuals are able to deal with and adapt to change.

How will this unit help you in the future?

Year 10 and 11

A clear understanding of the different life stages which individuals experience and develop throughout their lifetime. Also how specific factors that can affect an individual's growth and development.

All of the other components build upon this Learning Aim. Its especially links to Component 3 (externally assessed unit) and this is synoptic and links to all of the other content that has been learnt throughout the 2 year course.

Beyond Lode Heath

You will gain an understanding of how individuals grow and develop throughout their life time and the impact that these can have.

It will also help you if you end up working in some career or job linked to Health and Social Care as you will have an understanding of how individuals within different life stages are impacted.

Key Vocabulary

Chronic, Physiological, Role Model, Gender Role, Inheritance,

How can you help?

You can help your child by ensuring that their homework is completed on time. Supporting them with their written work and encouraging them to research and read up on topics being studied within lessons. Also encouraging your child to attend coursework catch up sessions which take place throughout the half-term to allow them to achieve or surpass their target grade.

Homework Guidance

Students will receive a minimum of 1-2 piece of homework per week (30 minutes minimum). These will be a combination of knowledge retrieval, literacy and creative activities. **Failure to complete homework will result in a 25 minute whole school detention.**