



Year 11 Summer Learning Journey

Prior Learning

In Year 10 you began to learn and practice some of the essential skills for GCSE food in preparation for your NEA 1 and NEA 2 task. This included completing food science experiments and preparing, cooking and serving a range of dishes. You have also covered all four theory topics in preparation for your written exam.

Scheme of Learning:

Revision

Objectives:

KNOWLEDGE: We will understand and respond to NEA 2 tasks set by the exam board.

SKILLS: I will develop a variety of technical cooking skills in preparation for NEA 2 and complete my food science experiments to embed theoretical knowledge.

Week	Tasks	Literacy	Homework	✓
1	<ul style="list-style-type: none"> Nutrition – Macro & micronutrients <ul style="list-style-type: none"> Functions, sources & deficiencies Dietary needs of different groups <ul style="list-style-type: none"> Medical diets Ethical diets Life stages 	Protein Fat Carbohydrates Minerals Vitamins	Homework – Revision questions Seneca	
2	<ul style="list-style-type: none"> Food Provenance – <ul style="list-style-type: none"> Food source, supply & processing Food security Technology developments Culinary traditions Factors affecting food choice 	Locally produced Carbon footprint Imported Productivity Organic Primary & secondary processing	Homework – Revision questions Seneca	
3	<ul style="list-style-type: none"> Cooking & Food preparation <ul style="list-style-type: none"> Food science Sensory properties Food safety 	Conduction Convection Radiation Coagulate Gelatinisation Emulsion Shortening Denaturation Enzymic browning	Homework – Revision for MOCK exam	
4	<ul style="list-style-type: none"> MOCK ASSESSMENT – 1 hour 30 minutes 	Nutrition Food Provenance Dietary needs Food science Sensory properties Food safety	Homework – Revision questions Seneca	
Half Term				
5	<ul style="list-style-type: none"> Skills requirements <ul style="list-style-type: none"> Sauces Raising agents Dough Knife skills Preparation & cooking methods Closing the GAP tasks. 	Bridge & claw holds Garnishing Reduction Roux Marinate	Homework – Revision for Written exam 17 th June	



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6	<ul style="list-style-type: none">Practice marking and completing 12 Mark exam questionsClosing the GAP tasks.		Homework – Revision for Written exam 17 th June	
7	<ul style="list-style-type: none">Food Exam – Tuesday 17th June 2025 (pm)			