Year 11 Summer Learning Journey

Prior Learning

In Year 10 you began to learn and practice some of the essential skills for GCSE food in preparation for your NEA 1 and NEA 2 task. This included completing food science experiments and preparing, cooking and serving a arrange of dishes. You have also covered all four theory topics in preparation for your written exam.

Scheme of Learning:	Revision

Objectives:

KNOWLEDGE: We will understand and respond to NEA 2 tasks set by the exam board.
SKILLS: I will develop a variety of technical cooking skills in preparation for NEA 2 and complete my food science experiments to embed theoretical knowledge.

Week	Tasks	Literacy	Homework	RAG

1	• **Nutrition – Macro & micronutrients**
	  o Functions, sources & deficiencies
	• **Dietary needs of different groups**
	  o Medical diets
	  o Ethical diets
	  o Life stages
		Protein
		Fat
		Carbohydrates
		Minerals
		Vitamins
			Homework – Revision questions Seneca	

2	• **Food Provence –**
	  o Food source, supply & processing
	  o Food security
	  o Technology developments
	  o Culinary traditions
	  o Factors affecting food choice
		Locally produced
		Carbon footprint
		Imported
		Productivity
		Organic
		Primary & secondary processing
			Homework – Revision questions Seneca	

3	• **Cooking & Food preparation**
	  o Food science
	  o Sensory properties
	  o Food safety
		Conduction
		Convection
		Radiation
		Coagulate
		Gelatinisation
		Emulsion
		Shortening
		Denaturation
		Enzymic browning
			Homework – Revision for MOCK exam	

4	• MOCK ASSESSMENT – 1 hour 30 minutes	**Nutrition** **Food Provence** **Dietary needs** **Food science** **Sensory properties** **Food safety**	Homework – Revision questions Seneca	

5	• **Skills requirements**
	  o Sauces
	  o Raising agents
	  o Dough
	  o Knife skills
	  o Preparation & cooking methods
		Bridge & claw holds
		Garnishing
		Reduction
		Roux
		Marinate
			Homework – **Revision for Written exam 17th June**	

	• Closing the GAP tasks.			
Half Term				
6	• Practice marking and completing 12 Mark exam questions • Closing the GAP tasks.		Homework – **Revision for Written exam 17th June**	
7	• Food Exam – Tuesday 17th June 2025 (pm)			