



<p>We will be learning about...</p> <p>During the next seven weeks, we will be completing our coursework for GCSE PE. We will be working in exam conditions to complete our coursework.</p>								
<p>We will develop our learning by studying the following each week:</p>								
<p><u>Topic 1 Components of fitness (Analysis)</u></p> <ul style="list-style-type: none"> What are your partners strengths and weaknesses – components of fitness. What impact will these have on your partners performance? 								
<p><u>Topic 2 Badminton Shots (Overview)</u></p> <ul style="list-style-type: none"> Teaching points for each shot. When should you play this shot? 								
<p><u>Topic 3 Movement Analysis</u></p> <ul style="list-style-type: none"> Which bones and muscles are used? Which is the agonist, antagonist and synergist? What movement is being performed? 								
<p><u>Topic 4 Classification of skill</u></p> <ul style="list-style-type: none"> Where would you put the skill on the continuums? 								
<p><u>Topic 5 Assessment</u></p> <ul style="list-style-type: none"> Partners performance when performing the badminton shots. What are their strengths and weaknesses? 								
<p><u>Topic 6 Action Plan</u></p> <ul style="list-style-type: none"> How are you going to get your partner to improve? What SMART targets are you going to set? 								
<p><u>Mop up sessions</u></p> <ul style="list-style-type: none"> Complete any outstanding work. 								
<p>By the end of the topic we will be able to:</p>								
<ul style="list-style-type: none"> Identify strengths and weaknesses of a partners performance. Discuss the movement analysis of an overhead clear shot. Place the overhead clear shot on the continuum. Give an action plan to help your partner improve. What SMART targets and why we set them 								
<p>Key Vocabulary</p>								
Evaluate	Analyse	Qualitative data	Quantitative data	Action Plan	Movement Analysis	Teaching Points	Continuums	SMART