

Prior Learning	
Sport skills and technique within core PE lessons	Leadership roles within core PE lessons



LEARNING JOURNEY – Component 2
Learning Aim B

Ad Astra ★

Over the next 5 weeks we will be learning about component 2 Task B. This assignment requires students to complete a 12-15 page PowerPoint document. This assignment looks at the roles and regulations and officials for a chosen sport. Students will need to provide a PowerPoint document explaining the rules and regulations as well as the roles and responsibilities of the officials in the chosen sport.

We will develop our learning each week by focusing on:	Completed			RAG Rate
<u>Week 1 Key Learning:</u> Officials – Roles and Responsibilities <ul style="list-style-type: none"> Know why we need officials. Explore why there are different types of officials. Know the different roles and responsibilities that officials have. 				
<u>Week 2 Key Learning:</u> Rules and Regulations <ul style="list-style-type: none"> Know what rules and regulations are. Know why we need rules and regulations. Know the rules and regulations for a chosen sport. 				
<u>Week 3 Key Learning</u> Mini Assessment <ul style="list-style-type: none"> Mini assessment on topics covered so far Close the gap and feedback given 				
<u>Week 4 Key Learning</u> Note taking for Final assessment – using PSA as a guide <ul style="list-style-type: none"> Full assessment – note taking 				
<u>Week 5 Key Learning</u> Assessment <ul style="list-style-type: none"> Full assessment write up. 				
Key Vocabulary				
Identify	Explain		Analyse	

Future Learning (including real – life)					
Components of fitness	Leadership	Anatomy and physiology	Sports rules and regulations	Personal fitness	Exam technique

Future Learning

What will we be learning in the future?
How could this unit help you in your future career?

Component 2 – You will know the components of fitness required to take part in different sports and physical activities. You will also research the rules and regulations for a sport and apply these to different situations in a game. You will also research the roles and responsibilities for the officials in that sport. Lastly you will be recorded taking part in a competitive sport and leading a lesson to a group of students.

Component 3 – You will learn how to design a training programme to suit an individual. You will look at how to measure fitness a person's fitness and what methods you can use to improve this.

Future Career – This unit will help with students who wish to pursue a career in sport. It is especially useful if you would like to be a teacher, coach, official or sports performer. You will learn about rules, regulations and scoring systems of a sport.